

PHAROMATIQ

Why does Maslina call it 'Pharomatiq'? 'Pharos' pays tribute to the ancient name of Stari Grad, while 'aromatic' honors Hvar Island's healing plants and herbs.



Integrative Wellness

Maslina is an integrated wellness resort that provides the space for guests to feel, think, and improve their overall wellbeing through connection with themselves, each other, and nature. We intend to positively impact the people and places we interact with to leave a legacy for future generations.

CONCEPT

Integrative wellness is a personalized, guest-centered approach that looks at the guest's lifestyle through the principles of Functional Lifestyle Medicine, which influence health.

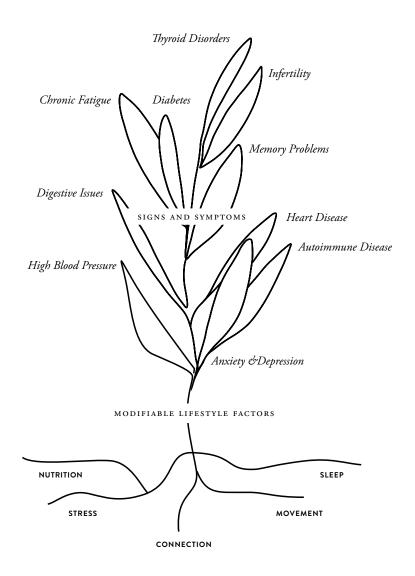
Evidence shows that the greatest wellbeing experience happens when stress, nutrition, relationships, exercise, and sleep are evaluated and approached through lasting lifestyle changes.

CONSULTATION

We are happy to provide a complimentary consultation at Pharomatiq Wellness. Our Wellness team will review your physical preferences, understand your sleep patterns and lifestyle goals, and guide you in choosing the best treatments and experiences based on your chosen intention. Kindly book your complimentary consultation at the Pharomatiq Wellness reception desk.

Choose Your Pathway to Wellness

THE FUNCTIONAL MEDICINE TREE







TAKE PRIVATE TIME FOR YOU OR TWO

Relax and book 'Time' with us. Our therapists are multi-skilled and knowledgeable in their fields. Set 'Time' aside for a therapeutic treatment experience tailored to you based on a thorough Wellness Consultation.

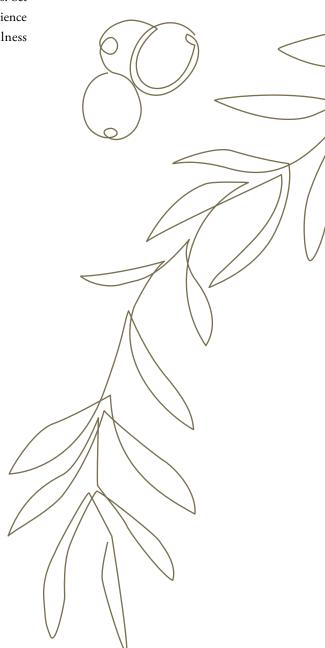
price for you for 90/120 min

305 EUR / 380 EUR

price for two for 90/120 min

580 EUR / 760 EUR

To ensure a seamless experience, kindly schedule your Wellness Time at least one day in advance. Additionally, we request that consultations be arranged at least six hours before your scheduled booking time. This proactive approach ensures you receive the utmost attention and personalized guidance during your wellness session. Thank you for your understanding and commitment to wellbeing.





MASLINA COUPLES TREATMENT



price per couple per 120 min

665 EUR

Our signature couples experience begins with private relaxation time. The sound of Tibetan bowls and guided breathing allows for mindful connection. A deeply therapeutic body massage targets stress areas and is followed by an Instant Radiance face treatment. Enjoy an organic herbal infusion in your private spa suite for total luxury.

REFLEXOLOGY FOOT TREATMENT



price for 55 min

180 EUR

This treatment begins with acupressure techniques to open the energetic channels or meridians in the shoulders, neck, and head. A nourishing foot exfoliation promotes circulation and relaxation, followed by a reflex zone foot massage to revitalize the feet.

ADRIATIC REJUVENATION TREATMENT



price for 120 min

370 EUR

Handpicked garden herbs are infused for this full body treatment. First, an organic olive kernel exfoliation energizes and uplifts your senses, followed by an oat milk soak to soften and soothe your skin. The experience finishes with a customized Aromatherapy Massage to leave the mind and body relaxed and rebalanced.

PINDA MASSAGE



price for 55 min

190 EUR

Whether you want relief from everyday stress and muscle tension or simply wish to indulge in a pampering experience, our massage using herb pouches harmoniously fuses nature's healing elements and expert therapeutic touch. Unwind, rejuvenate, and let the soothing power of herbs transport you to a state of bliss.



FOR HIM

(Yang Polarity)



price for 120 min

370 EUR

Every man has the potential to transform and connect with his deepest energy, empowering his masculine power, essence, and magnetism. This ritual is for men who care and are focused on being the best they can be. We treat face, body, and mind in an experience that brings the authenticity and power of seduction to light. *This treatment includes Alayimical Moxa*.

FOR HER

(Yin Polarity)



price for 120 min

370 EUR

Inspired by the most feminine flowers, this ritual changes the way you walk through life to feel more beautiful, sensual, seductive, vital, and creative. The scents of rose, jasmine, and neroli are used to reconnect with your feminine essence. *This treatment includes Alguinical Moxa*.

HOLISTIC FEMININE TREATMENT



price for 90/120 min

285/370 EUR

Experience serenity with our exclusive spa treatment, tailored to women seeking balance and rejuvenation. Designed to restore feminine energy, this journey uplifts mental and emotional wellbeing, empowering you to embrace life with renewed vitality. Step into tranquility and emerge radiating confidence and inner peace. Indulge in gentle stretches that release tension and promote flexibility, allowing your body to unwind and find its natural rhythm. Our skilled therapists target key pressure points to unlock energy pathways and melt away stress, restoring harmony to your mind, body, and spirit.

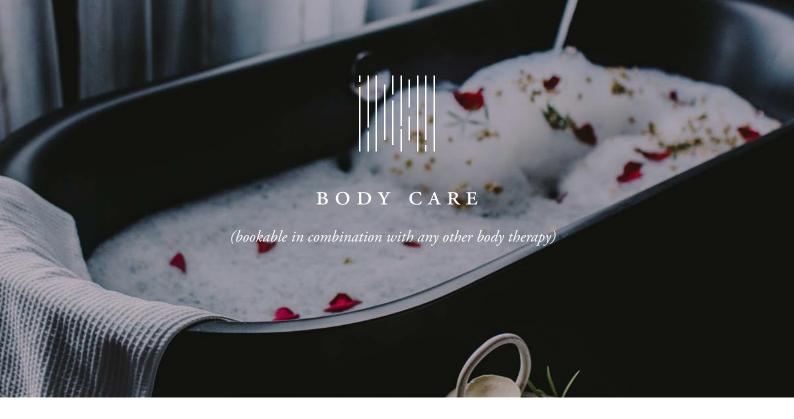
DEAD SEA BEAUTY RITUAL



price for 90 min

290 EUR

Performed with Dead Sea salt and mud, exotic fragrances, and soft shades of incense and myrrh, this beauty ritual rejuvenates your skin, restoring its beauty and natural attractiveness. Let yourself be enchanted by an enigmatic aroma to enhance your self-esteem and inner strength.



MASLINA SMOOTHING BODY EXFOLIATION



price for 25/45 min

85 EUR / 140 EUR (in the Maslina Hammam) An instantly effective blend of crushed organic olives, shea butter, and grapeseed oil combine to polish away dry skin cells, intensively softening and deeply hydrating the skin. The perfect preparation for any massage and an ideal way to ensure a beautiful and even tan. *The 45-minute treatment takes place in the Maslina Hammam.



BODY EXFOLIATION & WRAP



price for 75 min

240 EUR

Indulge in a luxurious spa experience with our soothing exfoliation and body wrap, a pampering ritual designed to leave your skin feeling revitalized, nourished, and irresistibly smooth. This indulgent treatment combines the benefits of gentle exfoliation with the healing properties of our body wrap, providing a blissful escape for your senses.

The journey begins with a delicately formulated exfoliation blend that sweeps away dull and dead skin cells, unveiling a radiant and refreshed complexion. After the exfoliation, you are cocooned in a sumptuous body wrap designed to nourish and replenish your skin, infusing moisture and essential nutrients.



INTEGRATIVE MASSAGE



price for 55/85 min

190 EUR/275 EUR

A deeply effective full body massage that combines various massage techniques to relieve aching muscles, improve range of motion, increase circulation, and melt away tension.

DEEP TISSUE MASSAGE



price for 55/85 min

195 EUR/280 EUR

A restorative technique that helps alleviate chronic muscular pain. The therapist applies deep pressure and can utilize warm volcanic stones to reach the sub-layer of musculature, easing sore, tired muscles.

INTUITIVE MASSAGE



price for 55/85 min

190 EUR/275 EUR

More than just a massage, this is also an experience unifying the body and spirit. Guided by connection and meditation, our Intuitive Massage fuses techniques from the past to create a totally relaxing and calming experience.

MATERNITY MASSAGE



price for 60/75min

195 EUR/250 EUR

A nurturing and comforting massage adapted for this special time. Using gentle and unscented oils to nourish the skin, this personalized treatment targets backaches, tension, and heavy legs, providing a relaxing experience for expecting mothers.

BACK, NECK & SHOULDER MASSAGE



price for 25 min

95 EUR

A soothing massage targeting the most common areas of tension. Massage techniques work deep into the muscle groups of the back and shoulders, focusing on individual concerns.



SOUND BATH HEALING

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price for 40 min

105 EUR

The healing power of sound has been recognized since ancient times. A single Sound Bath Healing effectively reduces anxiety, distress, anger, depression, and overall fatigue. Our non-contact treatment brings you to a deep meditative state. The sense of reconnection is expanded, awakening the body's subtle energy flow to reach deeper levels of peace and relaxation. Our therapist guides you through a Sound Bath Healing experience according to your needs.

GUIDED MEDITATION



price for 40 min

105 EUR

Comfortably settle in as our experienced Meditation Guide gently leads you through a series of mindfulness exercises, helping to release tension, quiet the mind, and connect with your inner calm. This guided meditation is tailored to promote relaxation, reduce stress, and enhance overall wellbeing.

Our aromatherapy blends complement your meditation and fill the air with soothing scents. These carefully crafted aromas are derived from natural essential oils and have been selected for their calming and balancing properties.

REIKI



price for 60 min

240 EUR

A spiritual healing technique, the word Reiki comes from the Japanese word (Rei), which means "Universal Life," and (Ki), which means "Energy,"; it refers to the life energy that flows through all living things. This treatment can ease tension and stress and help support the body to facilitate an environment for healing on all levels – physical, mental, and emotional.

INTUITIVE SOUND HEALING WITH REIKI



price for 90 min

365 EUR

Integrates sound healing and Reiki as a powerful combination to create a journey into your inner peace. Experience the ultimate sleep performance with a unique blend of techniques designed to promote deep relaxation and restful slumber. Ideal for those who struggle to unwind, offering a comprehensive approach to relaxation. Enjoy guided practices with our sleep and relaxation experts.



FACIALS BY BIOLOGIQUE RECHERCHE



The Biologique Recherche Methodology is based on over forty years of experience using innovative products and meticulous protocols. The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free. Skincare is provided following a personal dermocosmetic diagnosis (suitable for both men and women) using a Skin Instant© analysis.

FACIAL 45 MIN

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price 235 EUR

TACIAL 43 MIN		
SOIN HYDRÉCLAT	A hydrating and complexion-enhancing treatment that is suitable for all skin types. It leaves your face, neck, and décolleté hydrated and toned.	
price		
145 EUR		
FACIALS 60 MIN		
SOIN SÉBO- RÉÉQUILIBRANT	A treatment that rebalances the skin, detoxifies, and deeply cleanses congestion. As a result, open	
P	pores are refined, and skin health is restored.	
price		
190 EUR		
SOIN CRYO 3R	A combination treatment using cryo sticks to sculpt and tone the facial muscles while also reducing	
P	redness, puffiness, and inflammation. The skin is left feeling calm and soothed.	
price 190 EUR		
FACIALS 75 MIN		
SOIN	This age-defying treatment targets the face, décolleté, and neck to restore elasticity. A recondi-	
RESTRUCTURANT ET LISSANT	tioning facial to smooth and tone the skin.	
P		
price		
235 EUR		
SOIN LIFT C.V.S	An exfoliating and lifting treatment combined with sculpting techniques designed for mature	
P	skin. Enjoy immediate results with this iconic treatment.	
price		
235 EUR		
SOIN MC 110	A brightening and revitalizing facial to hydrate the skin, resulting in a nourished complexion	

with a natural radiance.



SUN HARMONY

FACE, NECK & DÉCOLLETÉ TREATMENT

price for 60 minutes

195 EUR

Prepare, protect, and restore your skin with nature's touch. Pharmos Natur's sacred Aloe Vera fresh plant leaf cools, soothes, and regenerates, while handpicked healing botanicals nourish deeply. Feel the power of nature as the sacred Aloe Vera leaf activates your skin's self-healing capabilities, leaving your skin radiant and rejuvenated. Your spirit will feel uplifted as your skin regains its vitality.

INTENSIVE MOISTURE AFTER SUN MASSAGE

IDEAL FOR: Dehydrated, dry, sun-stressed, and sensitive skin

price for 60 min

200 EUR

Drench your sun-kissed skin in deep hydration with this indulgent Aloe Vera-infused massage. Freshly prepared Aloe Vera Gel strengthens connective tissue, restores balance, and replenishes moisture for a radiant glow. Choose your focus, whether it's soothing tired legs, relieving tension in the neck and scalp, or replenishing dry hands and arms. A targeted application of pure Aloe Vera nourishes especially sun-stressed areas, leaving your skin silky smooth, revitalized, and refreshed. To complete the ritual, sip on a cooling glass of Aloe Vera juice to hydrate your body from the inside out.

GENTLE-BODY SCRUB

price for 30 min

90 EUR

Let your skin breathe with a delicate Aloe Vera-infused cream exfoliation. This gentle scrub sweeps away old skin cells, deeply hydrates, and firms your skin, leaving it silky-smooth and nourished. Perfect for dry, sun-kissed skin, it prepares your body to absorb the full benefits of an after-sun massage or wrap. Indulge in this soothing ritual and let your skin glow with vitality.

INTENSIVE MOISTURE AFTER SUN WRAP

price for 30 min

90 EUR

Quench your sun-drenched skin with this deeply hydrating body wrap, designed to soothe, nourish, and restore balance. Sacred Aloe Vera and a blend of replenishing oils sink deep into the skin, calming dryness and sensitivity while bringing back a radiant glow. A luxurious fusion of moisturizing cream, body lotion, and balancing oil seals in hydration, leaving your skin soft, supple, and renewed. Sink into pure relaxation as your body drinks in the healing touch of nature.

TEENIE FACE TREATMENT

price for 50 minutes

160 EUR

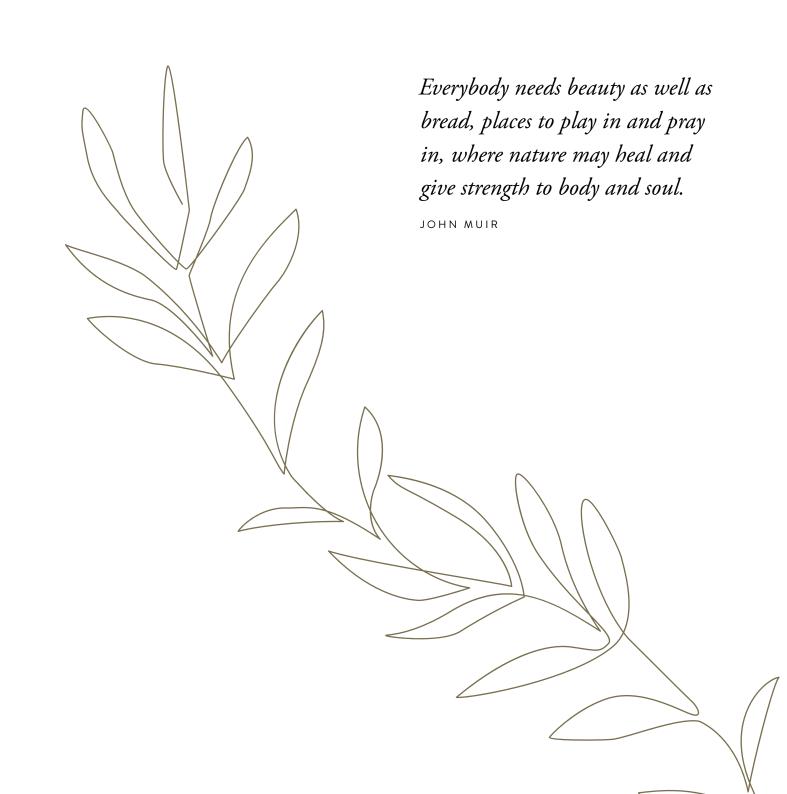
Give young skin the care it deserves with a treatment tailored to cleanse, hydrate, and restore balance. For impure skin, a deep-cleansing ritual and healing mask work to detoxify and calm inflammation. For normal or dry skin, a refreshing massage and hydrating mask replenish moisture and boost radiance. Powerful Yaconvera soothes and purifies, while fresh Aloe Vera deeply nourishes, leaving the skin clear, soft, and glowing. Ideal for detoxing, calming acne, and restoring a natural, healthy balance.

PHARMOS NATUR SIGNATURE TREATMENT

price for 75 min

210 EUR

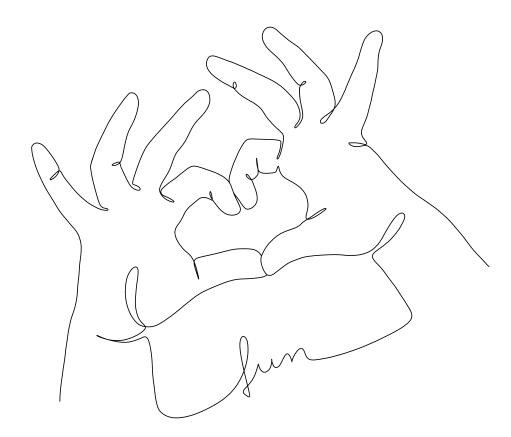
Immerse yourself in a deeply harmonizing ritual designed to restore balance, soothe the nervous system, and awaken the senses. This signature experience begins with a grounding foot ritual — a warm wash, gentle scrub, and cleansing water pour — opening energy pathways and bringing you into the present moment. Healing vibrations from singing bowls wash over you, inviting deep relaxation before a therapeutic massage with fresh Aloe Vera and your chosen Pharmos Natur Oil Serum. Tension melts away with focused attention on the back, neck, shoulders, scalp, arms, hands, legs, and feet, leaving you rebalanced, revitalized, and renewed. Conclude your journey with a refreshing glass of organic Aloe Vera juice.





CHILDREN & TEENS

We offer a selection of treatments for our younger guests and look forward to caring for them when accompanied by an adult.



REBALANCING				
TEENS FACIAL				
WITH BIOLOGIQUE				

The perfect deep cleansing facial to help restore a clear, healthy complexion. Vitamins, minerals, and natural extracts such as Iris gently purify and assist with healing imperfections, reviving the skin's natural beauty and balance.

price for 45 min

140 EUR

NECK, SHOULDERS & SCALP MASSAGE

price for 30 min

85 EUR

HAND & FOOT MASSAGE

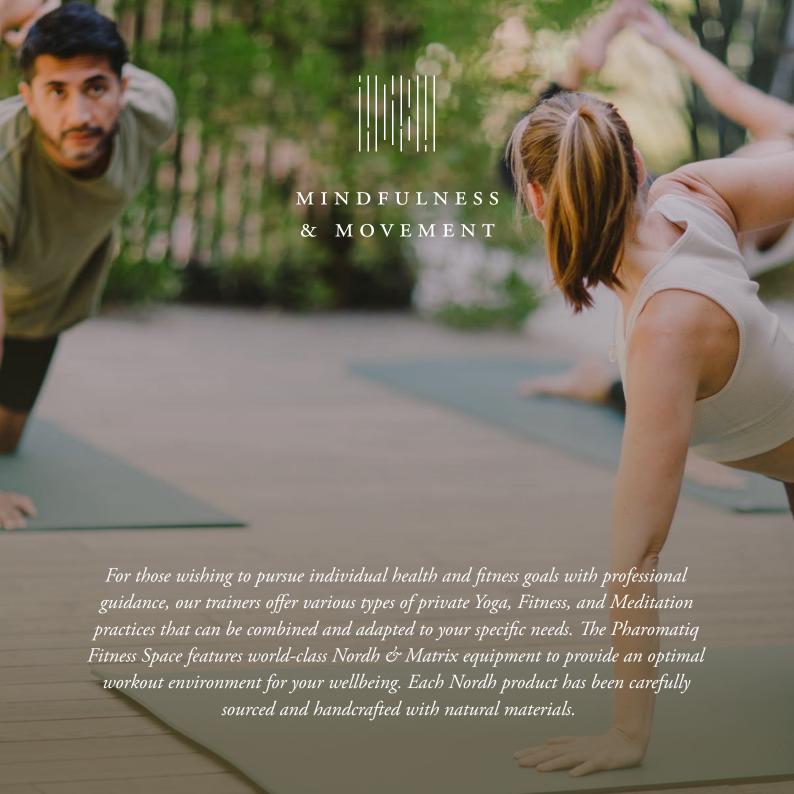
price for 30 min

85 EUR

FACIAL MASSAGE

price for 30 min

85 EUR



PRIVATE YOGA



price for 60 min

105 EUR

Yoga is a holistic practice that combines physical postures, breath control, and meditation to help you achieve balance and harmony in your body, mind, and spirit. It can improve flexibility, strength, and overall fitness while reducing stress, anxiety, and tension. Whether you're a beginner or an experienced practitioner, our yoga classes offer a welcoming and supportive environment to deepen your practice and enhance your wellbeing.

PRIVATE BOXING



price for 60 min

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Boxing is an excellent full-body workout! Our private classes can be tailored to your fitness goals, with various exercises incorporated to improve your strength, agility, endurance, and cardiovascular fitness. Our instructor can focus on specific aspects such as footwork, stance, punches, defensive maneuvers, and overall strategy. Whether you are a beginner looking to learn the basics or an experienced boxer aiming to refine advanced techniques, private boxing classes target your skill development.

SUP/STAND-UP PADDLEBOARD YOGA



price for 60 min

120 EUR

Picture yourself softly swaying across the Adriatic Sea, surrounded by the soothing sounds of nature. Our SUP Yoga is held in this exact setting, providing a picturesque and peaceful backdrop for your practice. SUP Yoga is a refreshing and unique way to practice yoga, combining the benefits of outdoor activity, mindfulness, and the joy of being at sea. The gentle rocking of the Adriatic adds a layer of challenge and fun to your session.

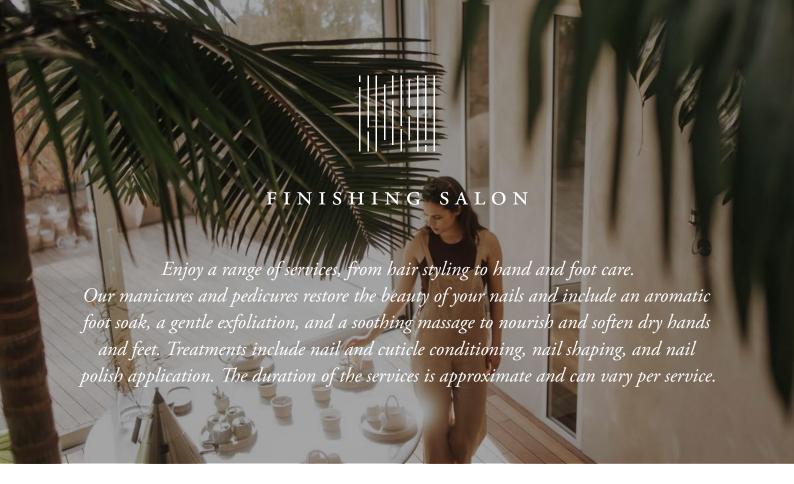
PERSONAL TRAINING & BIOMARKER ASSESSMENT



price

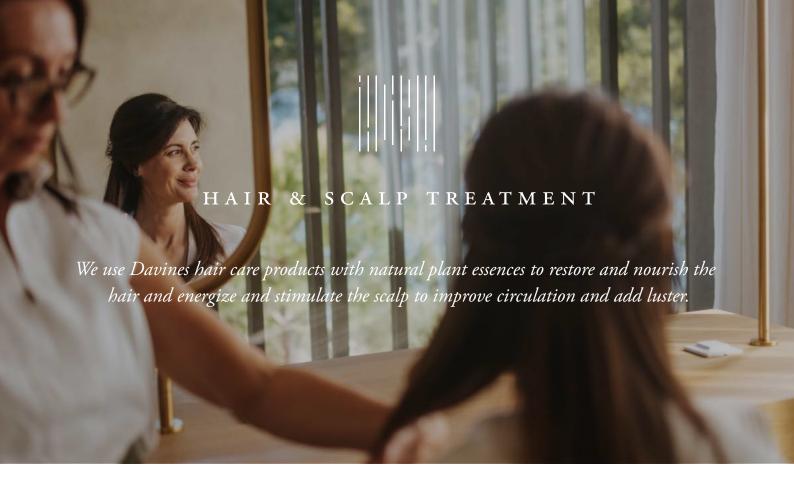
100 EUR

Begin with an in-depth TANITA™ assessment providing an instant analysis of your health, body composition, and fitness status, which can be used to monitor progress over time. Reap the benefits of exercise with a positive and enjoyable program designed and tailored to your goal, whether sports-specific, functional, muscle rehabilitation, or just to improve your fitness level. Enjoy beach boot camp, circuit training, strength training, and more!



NAILS

·	price
BACK TO NATURE MANICURE 45 MIN	90 EUR
MASLINA MANICURE 60 MIN	100 EUR
COLOR CHANGE 20 MIN	35 EUR
ESSENTIAL MANICURE FOR MEN 45 MIN	90 EUR



WOMEN CUT & BLOW DRY

	price
СИТ	80 EUR
WASH	40 EUR
BLOW DRY	45 EUR
HAIR TREATMENT (ADD ON)	10 EUR
HAIR STYLING (HAIR UP OR CURLED)	80 EUR
HAIRCUT FOR MEN	50 EUR
HAIRCUT FOR CHILDREN	30 EUR



GUIDELINES

While you are free to experience our Aquathermal facilities as you wish, there are suggested ways to get the most from them:

- Using our facilities before a spa treatment allows you to prepare the skin and body. Let our products soak into your skin after your treatment.
- Remove any makeup first and shower to remove deodorants and fragrances.
- Start in the lower temperatures.
- Head to the gentle warmth of the Hydropool for 10 minutes.
- Use the Finnish Sauna or Aromatherapy Steam for 5-10 minutes.
- Try a cold contrast. Cool down between each heat experience by taking a cool shower.
- Rest. We recommend relaxing on our shaded outdoor deck with a refreshment.

COLD PLUNGE

POOL

With a temperature between 10°c and 13°c, our Cold Plunge boosts circulation, reduces inflammation, and invigorates your senses. This refreshing hydrotherapy experience enhances recovery and revitalizes both body and mind.

HYDROPOOL

The Hydropool is a warm water, whole body experience. Body jets gently massage at the optimal temperature to restore balance and release tension. The swan neck jet relieves the neck and shoulders.

HAMMAM

(by appointment only)

With relative humidity levels between 50-80%, the high humidity encourages gentle sweating, helping to detoxify and cleanse the body.

AROMATHERAPY

STEAM ROOM

With a temperature between 40-47°C, humidity levels in the Steam Room reach 100%. Enjoy the aroma and feel the warm healing energy. Muscles relax, and joint pain can ease. The high humidity has a positive, moisturizing effect on the skin.

FINNISH SAUNA

The Finnish sauna is lined with fragrant wood. A traditional stove with hot stones emits dry heat for body purification and relaxation. Temperatures reach 95°C, and humidity stays low at 3-15% for a dry heat experience.

EXPERIENTIAL

After exposure to the heat of the Finnish Sauna or Aromatherapy Steam Room, enjoy a Cooling Rain Storm in our Experiential Shower. This multi-sensory experience improves circulation and is fully immersive.



WELLNESS REMINDERS

OPERATING

HOURS

Pharomatiq Wellness is open daily from 7 am to 8 pm.

Wellness treatments are offered from 10 am to 8 pm.

The Pharomatiq Wellness reception can be reached at ext. 424 from your room

COMPLIMENTARY

CLASSES

Join us for Mindful Group Classes in the mornings and evenings, including Yoga, Guided Meditation, and Sound Healing. To find out more about our wellness classes, please visit the Experiences desk, Reception, or Pharomatiq Wellness.

SPECIAL CONSIDERATIONS

Most treatments can be adapted to accommodate pregnancy or injury. We offer a Maternity Massage especially developed for this special time. Please contact us with any questions and let us know about any medical or health concerns.

ARRIVAL

We recommend arriving 15 minutes early to your scheduled treatment, allowing time to complete your holistic health assessment. We suggest an additional 30-60 minutes if you would like to enjoy the Aquathermal Circuit before your treatment (please note swimwear is required in this area). It is better to avoid eating a heavy meal within 90 minutes of your treatment.



WELLNESS REMINDERS

CANCELLATION

POLICY

We understand that schedules change and will do our best to accommodate your needs. Since your wellness time is reserved especially for you, we kindly ask you to give a minimum of 24 hours' cancellation notice so someone else may enjoy that time. Cancellations made within 24 hours or non-arrivals will be subject to the full charge of the treatment booked.

AGE POLICY

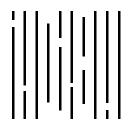
Our treatments are specially tailored for adults of 18 years upwards. However, we have adapted a selection of treatments for our younger guests with parental consent and accompaniment.

PRICING

All taxes are included in the rates displayed.

TRANQUILITY

We strive to offer our guests a quiet and tranquil environment. For the comfort of others, kindly enjoy quiet conversation and refrain from using cell phones or other electronic devices. Your cooperation is greatly appreciated. Pharomatiq Wellness and the Aquathermal zone are smoke-free environments.



PHAROMATIQ

To speak with our wellness advisors, dial ext. 424 from your hotel room and +385 (21) 214 888 if dialing outside the hotel, or contact us at spa@maslinaresort.com

Our services and treatments are subject to change based on availability, seasonality, and health and safety regulations.

Kindly note that our Pharomatiq Wellness prices are subject to change. Maslina Resort reserves the right to adapt our prices throughout the season.

"Leave this world a little better than you found it"